# <u>Injuries</u>

## All injuries:

If a doctor has prohibited a student from playing an instrument for longer than 3 days, the student must bring Ms. Karl an official doctor's note. The note must be signed by the doctor and state the date when the student will be expected to play the instrument again. The student will need to meet with Ms. Karl during lunch or after school to get alternate work to complete for the duration of the healing time. If the student does not meet with Ms. Karl during lunch or after school, the Approach to Learning daily assignment will be graded as if the student did not bring an instrument to class.

### Broken/sprained arm or wrist:

If a student has a broken/sprained arm, wrist, etc., the student is still expected to bring the instrument and music folder to class and participate as much as possible. Although Ms. Karl will discuss specifics with the student upon return to class, the below are the general expectations.

- If there is a break on the right (bow) appendage, the student will be expected to have the instrument in proper
  position and move fingers along with the music. As able, the student will be expected to add the bow with a
  modified bow hold until the cast/brace is removed.
- Violins/violas, if there is a break on the left (instrument) appendage, the student will be expected to have the
  instrument in class and hold it in a modified position, so that, as able, the student can move fingers along with the
  music playing pizzicato (without the bow). Depending on the angle of the cast/brace, this might mean the
  instrument is held in rest position or between the knees like a cello.
- Cellos/basses, if there is a break on the left (instrument) appendage, the student will be expected to have the
  instrument in class, keeping the endpin in and holding it in a modified position. Ms. Karl will help the student with
  this.

### Broken/sprained leg, foot, or ankle:

If the student has a broken/sprained leg, foot, or ankle, etc., the student is still expected to participate with the instrument in class. If needed, Ms. Karl will find a peer helper who can assist the student with getting the instrument out and setting up the music stand. If other modifications are needed, Ms. Karl will discuss those with the student upon return to class.

#### Other injuries:

For injuries not covered above, Ms. Karl will work with students on a case-by-case basis.